

## **Nuclear Stress Test**

Suite 101, 1<sup>st</sup> floor

Do not eat 4 hours prior to test

Do not drink caffeinated or decaffeinated drinks after midnight on day of test

Drink extra water before appointment time

Do not take blood pressure medications after midnight the day of the test

You must bring your medication with you to take after stress test

Wear loose clothing. Do not wear one piece suit

Test usually takes 3 hours including waiting times

## **HIDA Scan**

Suite 101, 1<sup>st</sup> floor

Do not eat or drink 4 hours before scan time

No opiates for 8 hours before scan time

Test can take 1 to 4 hours, usually 1 to 2 hours

## **Bone Scan**

Suite 101, 1<sup>st</sup> floor

Drink extra fluids before scan

Patient will return 3 hours after bone scan injection to begin imaging

Scan usually takes 45 to 60 minutes

## **Liver Spleen Scan**

Suite 101, 1<sup>st</sup> floor

Patient may eat and drink day of test.

Test takes about 1 hour

## **Thyroid Uptake and Scan.**

Suite 101, 1<sup>st</sup> floor

No iodine contrast (X-ray, CAT scan) 6 to 8 weeks before thyroid scan

Discontinue thyroid medication 3 to 6 weeks before scanning

Do not eat iodinated foods, example seafood and kelp

Patients will return at 6 hours (1 hour scan) and 24 hours (15 minute scan)